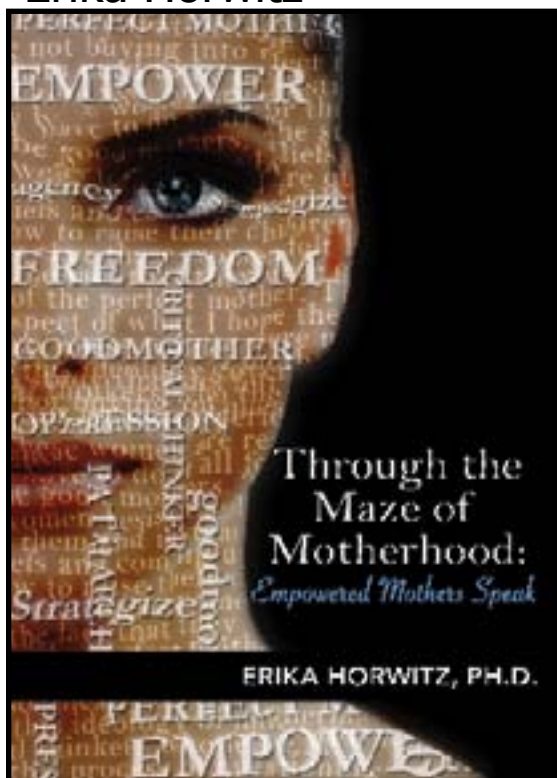


Through the Maze of Motherhood: Empowered Mothers Speak

Erika Horwitz



This is a unique book that argues that mothers who are critical thinkers and who take a stance against social pressures to be perfect mothers experience a sense of empowerment. The book is based and expands on qualitative research that explored the experience of mothers who resist the current discourse on mothering. *Through the Maze of Motherhood* conveys what it is like to resist a strong societal discourse and how some mothers have managed to navigate the intricacies of the process of resistance. This book also dispels the belief that there is one right way to mother and, therefore, suggests that a process of questioning and resisting the current myths may result in a more autonomous, agency driven, and empowered way to mother. This book will not only encourage resistance that can lead to freedom from the oppression of the discourse, but that it will also persuade women to refrain from judging one another and develop a strong community with a strong voice against the ideal of the perfect mother. *Through the Maze of Motherhood* gives voice to mothers who are in a process of resistance to the discourse on mothering and it unpacks the many benefits, intricacies, challenges, and struggles they experience. Moreover, the book provides evidence for the notion that critical thinking and resistance are experienced as empowering even though they present some challenges.

Dr. Erika Horwitz is a registered psychologist. She is the Director of Counselling Services at Simon Fraser University and a Lecturer both at Simon Fraser University and the University of British Columbia in their Faculties of Education and Counselling Psychology Programs. She has published several articles on the topic of motherhood, and has appeared on television and radio interviews as an expert and advocate for mothers. Dr. Horwitz lives in Vancouver, British Columbia with her two daughters and her husband.

Fall 2011

250 pages \$34.95

ISBN 978-0-9866671-4-5

ORDER FORM

Regular/Bulk Orders:

c/o Demeter Press
140 Holland St. West, PO 13022, Bradford ON L3Z 2Y5
T- 905.775.9089
info@demeterpress.org
www.demeterpress.org

Single Orders: Your local bookstore or www.demeterpress.org
Examination Copy Requests: info@demeterpress.org

Horwitz, *Maze of Motherhood*
_____ @ pb \$34.95 _____

Tax (5% GST for Canadian Orders) _____
Postage and Handling (see below) _____
Total (all orders must be prepaid) _____

Name _____

Address _____

City _____ Prov/State _____ Postal Code/Zip _____

Country _____ Phone _____ Email _____

***Single Orders: Please make cheques/money orders payable to "DEMETER PRESS."**

Postage and Handling for Single Orders: for Canadian shipments, please add \$8.00 for one book and \$4.00 for each additional book in an order; for U.S.A. shipments, please add \$10.00 for one book, and \$4.00 for each additional book in an order. *Overseas orders add \$15.00 for one book, and \$4.00 for each additional book.

www.demeterpress.org

**For bulk/wholesale orders please contact: Brunswick Books T- 416.703.3598 F- 416.703.6561 orders@brunswickbooks.ca